



PRICE LIST

1:1 PERSONAL THERAPY	(PER 45 MINUTES)
Psychological Therapy (delivered by a clinical or counselling psychologist)	£100.00
Counselling (delivered by a counsellor)	£55.00
Low Cost Counselling (delivered by a trainee counsellor)	£35.00
Low Cost Psychological Therapy (delivered by a trainee psychologist)	£45.00
Single Session Therapy (60 minute session)	£120.00

FAMILY THERAPY	(PER 50 MINUTES)
Family Therapy Session	£130.00
Couples Therapy Session	£120.00

CLINICAL SUPERVISION & CONSULTATION	(PER 45 MINUTES)
1:1 Supervision Session	£75.00
Group Supervision Session (Max 4 Participants)	£150.00
Reflective Practice Session (Team/Group Session)	£300.00

Tailored packages are available on request.