

ASSISTANT PSYCHOLOGIST POSTS

TYPICAL GENERIC PERSON SPECIFICATION CRITERIA

- **Knowledge of key psychological theories / models as applied to practice**
Typically evidenced by BSc in Psychology, MSc in Psychology & practice-based application of theories in clinical practice e.g. cognitive-behavioural theory, behavioural theory
- **Knowledge of common mental health presentations & difficulties**
Typically evidenced by BSc in Psychology, MSc in Psychology & clinical experience in roles such as support worker, health care assistant etc
- **Engagement skills**
Typically evidenced by previous clinical practice examples of engaging with clients with mental health difficulties and relevant qualifications and CPD events e.g. counselling skills certificate
- **Reflective practice: Self-awareness & self-management skills**
Typically evidenced by reflective writing style, reflections within the personal statement, owning of ones position and demonstrating the appropriate use of supervision & other relevant support channels
- **Experience of delivering 1:1 clinical interventions**
Typically evidenced by prior experiences of engaging psychologically with clients / service users / carers including providing psychosocial, befriending, de-escalation & containment support, delivering brief psychological assessments, formulation & interventions
- **Experience facilitating group interventions / group work**
Typically evidenced by previous practice of co-facilitating groups e.g. clinical group work, university group work, school etc
- **Experience delivering teaching & training**
Typically evidenced by previous practice of delivering training workshops or teaching sessions to other professionals, peers, colleagues or on university courses. May also include dissemination of research completed at undergraduate or postgraduate level
- **Research experience**
Typically evidenced by BSc, MSc, PhD thesis, research assistant experience, previous research projects undertaken within a clinical setting. Can include literature reviews, qualitative and quantitative projects, service evaluation and clinical audit.